

Health check

Choose the correct words from the box below to finish these sentences.

Bath or shower

.....

Clean your fingernails

.....

Wash your hands

.....

Cut your fingernails

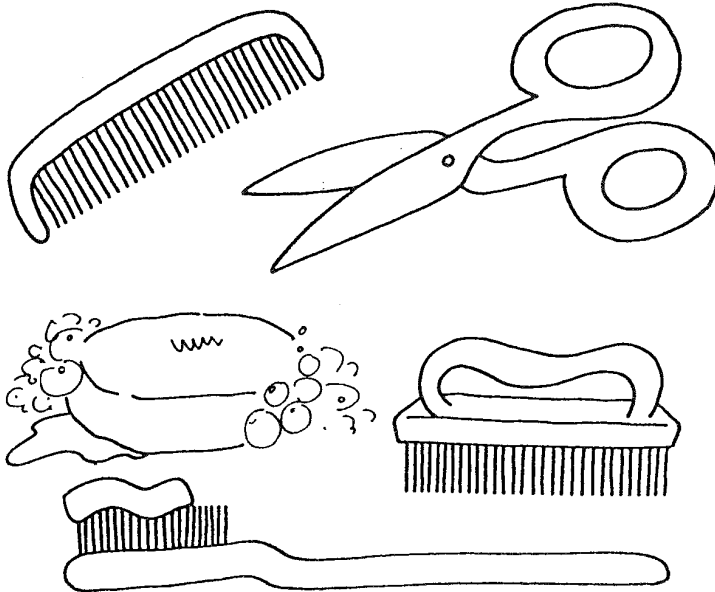
.....

Wash your hair

.....

Brush your teeth

.....



once a week
after going to the toilet
after every meal
once a month
after playing with pets
every day
before eating
once a year
before you get out of bed