

Handwriting program

Year 1

Fiji printing font Years 1-2

a b c d e f g h i j k l m n o p q r s t u v w x y z

A B C D E F G H I J K L M N O P Q R S T U V

W X Y Z

1 2 3 4 5 6 7 8 9 0

Also choose a writing pattern each day from the **Writing Patterns** document in the English curriculum.

Handwriting schedule

Year 1 God is Love

Letter	Words	Sentence
Week 1		
Aa (big A, little A)	ant Ana (or any name that begins with A, e.g. child in the class)	I am (child's name) <i>(Teach that names begin with capital letters.)</i>
Aa	bat hat	I am six. <i>(or their age)</i>
Aa	fat cat	I am a cat. <i>(Draw a picture)</i>
Aa	pat rat	I am an ant. <i>(Draw a picture)</i>
Aa	sat mat	I am on a mat. <i>(Draw a picture)</i>
Week 2		
Bb	bat Ben (or any name that starts with B) can run. <i>(Student fills in blank with their own name and draws a picture.)</i>
Bb	big bit can hop. <i>(their own name)</i>
Bb	rub tub can sit. <i>(as above)</i>
Bb	cub cob can tap. <i>(as above)</i>
Bb	bad dab can cut. <i>(as above)</i>
Week 3		
Cc	cat cap	This is my nose. <i>(Draw picture)</i>
Cc	cat can	This is my eye.
Cc	cat can	This is my mouth.
Cc	cot cut	This is my hand.
Cc	cap act	This is my foot.
Week 4		
Dd	dog Dan (or any name starting with D)	Here is my arm. <i>(Draw picture)</i>
Dd	did Dad	Here is my leg.
Dd	bad sad	Here is my heart.
Dd	dig dug	Here is my head.
Dd	nod God	Here is my neck.
Week 5		
Ee	egg end	I have one nose. <i>(Draw picture)</i>
Ee	bed fed	I have two eyes.
Ee	hen men	I have one mouth.
Ee	leg peg	I have two lips.
Ee	net met	I have two ears.

Handwriting schedule

Year 1 God is Provider

Week 1	Words	Sentence
Ff	off if	The Lord is my shepherd. Psalm 23:1
Ff	soft gift	My jacket feels soft.
Ff	fix fit	Mum will fix my sock.
Ff	for fast	The dog ran fast.
Ff	father from	This cap is from my father.
Week 2		
Gg	god good	Jesus said, "I am the Good Shepherd." John 10:11
Gg	beg peg	Have you seen a dog beg?
Gg	bag rag	The rags go in the bag.
Gg	dog bog	The car is in the bog.
Gg	rug tug	We sat on the rug.
Week 3		
Hh		Jesus said, "My sheep hear my voice." John 10:3
Hh	hat hot	It is good to wear a hat on a hot day.
Hh	hug hut	I hug my Mum and Dad.
Hh	hit this	Do not hit this.
Hh	him his	I gave him my pen.
Week 4		
li	bit fit	Jesus said, "My sheep follow me." John 10:4
li	lit sit	He lit the fire.
li	did lid	Did you put the lid on the tin?
li	big dig	I can dig a big pit.
li	six mix	Put in six eggs and mix.
Week 5		
Jj	Jesus joy	Jesus said, "My sheep know my voice." John 10:4
Jj	jog jug	We went for a jog.
Jj	jump jet	Let's jump and run and play.
Jj	January June	In January we go to school.
Jj	jam jacket	Put on your jacket.

Handwriting schedule

Year 1 God is our Saviour

Week 1	Words	Sentence
Kk	week king	Jesus is alive!
kk	kind kill	Jesus died but came alive.
kk	back sack	Simon helped to carry the cross on his back.
Kk	thick think	Jesus came alive on the third day.
Kk	like look	An Easter egg tells us about new life.
Week 2		
Ll	well sell	Jesus wants us to follow Him.
Ll	love lot	Jesus loves every boy and girl.
Ll	walk talk	We can talk to God in prayer.
Ll	little live	Jesus died so that we can live forever.
Ll	all call	Jesus died for all.
Week 3		
Mm	mat men	The ladies came to the tomb on the first day of the week.
Mm	March May	March and May are months of the year.
Mm	Mary met	Mary met an angel in the garden.
Mm	many most	God has many children.

Handwriting schedule

Year 1 God is Pure and Holy

Week 1	Words	Sentence
Nn	can ran	I have hidden your word inside my heart. Psalm 119:11
Nn	hen men	The hen ran from the men.
Nn	ten net	I saw ten fish in the net.
Nn	win bin	If you get to the bin you will win.
Nn	bun sun	I ate a bun in the sun.
Week 2		
Oo	dog log	Do everything without grumbling. Philippians 2:14
Oo	lot not	Mum does not have a lot of pots.
Oo	off on	I put my shoes on then took them off.
Oo	hop top	I cannot hop to the top of the hill.
Oo	box fox	
Week 3		The words of the Lord are pure. Psalm 12:6
Pp	pat pet	Do you like to pat your pet?
Pp	peg pig	The man put a peg on the pig's ear.
Pp	pin pot	Mum put some pins in a pot.
Pp	mop up	I will mop up the mess.
Pp	cup pup	A pup does not drink from a cup.
Week 4		As for God, His way is perfect, Psalm 18:30
Qu	quick	Run as quick as you can.
Qu	quack	"Quack quack" said the duck.
Qu	quilt	Grandma made a quilt.
Qu	equal	The two boxes of apples are equal. <i>(Draw a picture – same number in each.)</i>
Qu	quiet	We are quiet when we do our work.

Handwriting schedule

Year 1 God is Creator

Week 1	Words	Sentence
Rr	rat rag	Jesus said, "I am the vine and you are the branches." John 15:5
Rr	red rug	Mum made a red rug.
Rr	ran run	The man ran to get the bus.
	crab frog	A crab is living. A frog is living.
Rr	rock rot	A rock is not living. It does not rot.
Rr	drip drop	Water is not living.
Week 2		
Ss	sat set	Jesus said, "I am the way, the truth and the life." John 14:6
Ss	sun six	God made the sun on day four.
Ss	hiss his	A snake goes "hiss".
Ss	sock lost	I lost one of my socks.
Ss	nest skip	A bird makes a nest.
Week 3		
Tt	tap sat	Jesus said, "I am the bread of life." John 6:48
Tt	tin wet	The cake is in the tin.
Tt	top pot	The pot is on top of the shelf.
Tt	but cut	The cake is big but I can cut it.
Tt	tug hut	Two men sat in the hut.
Week 4		
Uu	up us	Jesus said, "I am the light of the world."
Uu	tub mud	If I dig in mud I will have to go in the tub.
Uu	pup cup	My pup can drink from a cup.
Uu	bug fun	It is fun to look for bugs.
Uu	dug sun	We dug in the sand in the sun.
Week 5		
Vv	van very	Jesus said, "I am the good shepherd."

Vv	every ever	I will love Jesus for ever.
Vv	Eve save	God said to Adam and Eve, "Do not eat the fruit."
Vv	seven seventy	We must forgive seventy times seven.
Vv	dove cave	The dove came back to Noah.

Handwriting schedule

Year 1 God is Wise

Week 1	Words	Sentence
Ww	wag wet	Ask God for wisdom and He will give it to you. James 1:5
Ww	low grow	We eat good food to grow.
Ww	won win	Fiji won a gold medal in rugby.
Ww	cow how	The cow gives us milk.
Ww	wig with	Come with me to the shop.
Week 2		
Xx	six mix	A wise son listens to his father's instructions. Proverbs 13:1
Xx	box fox	The fox is in the box.
Xx	Max axe	Max has an axe.
Xx	text T-Rex	Mum sent a text.
Xx	fix six	God made the world in six days.
Week 3		
Yy	yap today	It is much better to get wisdom than gold. Proverbs 16:16
Yy	yam yak	The yam is a root crop.
Yy	yet yell	It is rude to yell at someone.
Yy	yes yesterday	Yesterday was <i>(Name the day.)</i>
Yy	yellow	The sun is yellow.
Week 4		
Zz	fizz fuzzy	Be like a wise man who built his house on the rock. Matthew 7:24
Zz	zebra zoo	The zebra is kept in the zoo.
Zz	buzz bees	I can hear buzzing bees.
Zz	zig zag	Here is my zig zag. <i>(Draw it)</i>
Zz	zip zap	I need a zip for my bag.

Handwriting schedule

Year 1 God is a Servant

Week 1	Words	Sentence
Bb	brush broom	Jesus said, "Whoever wants to serve me must follow me." John 12:26
Cc	clean cup	Wash the cups and make them clean.
Dd	dish detergent	We wash the dishes with detergent.
Ee	each every	Each week-end I help my parents.
Ff	fold fun	I fold my clothes and put them away.
Week 2		
Gg	garden garbage	As for me and my house, we will serve the Lord. Joshua 24:15
Hh	house home	Parents need help from their children to keep the house tidy.
Ii	in into	At night I go into bed when I am asked to.
Jj	jobs jam	Making jam is a job that my Dad can do.
Kk	week seek	Each week-end we play hide and seek.
Week 3		
Ll	like love	I love my family.
Mm	mum make	When it is my birthday Mum makes a cake.
Nn	never new	When I get new clothes I look after them.
Oo	on often	We often go on family outings.
Pp	parents protect	Children, obey your parents in the Lord. Ephesians 6:1
Week 4		
Qu qu	quick quite	If you want to be great, then you must be a servant. Matthew 20:26
Rr	rake rest	We rake the leaves and then take a rest.

Ss	shop shopping	I help my Dad carry the shopping.
Tt	take table	My sister and I set the table.
Uu	up under	There is a mouse under the table!

Handwriting schedule

Year 1 God is Protector

Week 1	Words	Sentence
Vv	van vine	Jesus is the vine and we are the branches. John 15:5
Ww	wave water	Wave your hands in the air.
Xx	fox box	Six foxes sat on boxes.
Yy	yak yam	A yak is an animal that looks like a bull.
Zz	zebra zoo	I saw a zebra in the zoo.
Week 2		
Aa	animal and	The animals went into the ark two by two.
Bb	baby brother	My baby brother can crawl.
Cc	clean carpet	I can help Mum and Dad clean the house.
Dd	dad day	My Dad keeps me safe every day.
Ee	egg each	The hen laid an egg in the box.
Week 3		
Ff	first family	When I am afraid I put my trust in God. Psalm 56:3
Gg	green grey	A house can be green or grey.
Hh	house home	A house keeps us safe.
li	it in	Inside my home I am cared for.
Jj	jug jam	Mum made jam from jackfruit.

Handwriting schedule

Year 1 God is Truth

Week 1	Words	Sentence
Kk	king keep	Jesus is the Way, the Truth and the Life. John 14:6
Ll	lie love	If we love God we do not lie.
Mm	must make	We must make lunch now.
Nn	never new	Never go near a crocodile!
Oo	off on	We got on the bus and then got off.
Week 2		
Pp		All your words are true. Psalm 119:160
Qu qu	quick queen	Take a quick jump over the puddle.
Rr	run ran	Run as fast as you can.
Ss	sit sing	We will all sing a song.
Tt	try trip	Try not to trip.
Week 3		
Uu	uncle under	The Lord is near to all who call on Him. Psalm 145:18
Vv	van very	The van went very fast.
Ww	was were	We were at the shops.
Xx	taxi box	The man put the box in the taxi.
Yy	yellow yap	I like yellow flowers.

Handwriting schedule

Year 3 God is Lord and King

Week 1	Words	Sentence
Aa	an ant	An ant went up and ant hill.
Bb	bee buzzing	The bees are buzzing all around me.
Cc	camel clap	The wise men rode on camels.
Dd	Dad donkey	Mary rode on a donkey.
Ee	eat every	Jesus loves every boy and girl.
Week 2		
Ff	fish five	There were five fish in the pond.
Gg	great God	We serve a great and good God.
Hh	hands ham	I wash my hands.
Ii	India Israel	Jesus was born in the land of Israel.
Jj	jet jump	Joshua can jump high.
Week 3		
Kk	king kind	Jesus is our Lord and King.
Ll	leg left	I hurt my left leg when I fell.
Mm	mango melon	Mango and melon are sweet.
Nn	net nine	The net was full of fish.
Oo	olive oil	Olive oil is good for the body.