

Asperger's Syndrome

Understanding the symptoms

Students can be at a low or high spectrum with this learning difficulty. There can be symptoms of Anxiety Disorder or Autism or ADD/ADHD concurrent with Asperger's Syndrome.

The student could be of a high intelligence. They may excel in one subject area or one subject cluster of areas but struggle socially or in other ways.

The student might not pick up on social cues and may lack natural social skills, such as being able to read others' body language, start or maintain a conversation, and take turns talking. This can lock the student into shyness and introversion. The student at this stage in their development may be unable to recognize subtle differences in speech tone, pitch, and accent that alter the meaning of others' speech. The student may not understand a joke or may take a sarcastic comment literally, and in reading take maxims, proverbs, and analogies too literally too.

The student likes structure and predictability and dislikes any changes in routines.

The student may appear harsh and as a Christian to be lacking in empathy.

The student can be overly preoccupied/obsessed with only one or few interests, which he or she may be very knowledgeable about. Many children with Asperger's syndrome are overly interested in parts of a whole or in unusual activities, such as train timetables, postage stamps, computer games, drawing highly detailed scenes, or technology.

For nutritional advice on Asperger's syndrome, follow the same advice given in the articles on ADD/ADHD on this website.