

Autism – the vaccine debate

by Phillip Day

Phillip Day is a health reporter from the U.K., who runs a campaign for truth in medicine. Many people have been helped by his findings and advice. See www.credence.org

The following information is taken from his book, “The ABCs of Disease”.

A British study to establish the rising incidence of Autism showed a tenfold increase between 1984 and 1994.

Autism and vaccines – the link

Vaccines can variously contain between .01 and .025% of the following: formaldehyde, mercury (or substitute #6 pheno-oxyethanol, a protoplasmic poison), aluminium, paint thinner, coolant, antifreeze, dye, detergent phenols, solvent, borax, disinfectant, MSG, glycerol, sulfite & phosphate compounds, polysorbate 80/20, sorbitol, polyribosylribitol, betapropiolactone, amphotericin B and other chemicals, plus hydrolyzed gelatin, casein, dead animals tissue and blood (e.g. cow, chick, embryo, monkey, sheep, pig, dog, etc.), aborted human foetus cells, mutated human viruses, contaminated animal viruses (e.g. SV40, which causes cancer in humans), bacteria, bacterial endotoxins and antibiotics.

A parent might reasonable question how smart it is to inject *any* of the above into her infant, whose blood-brain barrier may not yet have fully developed. An immune system reaction may indeed be provoked by the vaccine, but perhaps not the kind for which the mother and father might be hoping.

From 1986 – 2003 the US National Vaccine Injury Compensation Program paid out in excess of \$1 billion in injury awards to western vaccine recipients. Only immediate and severe reactions now qualify. This means that seizures, disorders, brain damage, ataxia, paralysis, learning difficulties and deaths that occur many days or weeks following the vaccinations are now excluded from compensation.

Mercury

In the US, the Environmental Protection Agency’s ‘safe’ level of mercury ingestion is set at .1 mcg/kg/day. Now witness the assault that comes against a child in the early period of its life, when its immune system is still developing and has not reached its full protective potential:

Day of birth – hep B – 12 mcg mercury (thimerosal) – 30 times the safe level
4 months – DPT and other shots – 50 mcg mercury – 60 times the safe level
6 months – hep B, polio – 62.5 mcg mercury – 78 times the safe level
15 months – further shots – 50 mcg mercury – 41 times the safe level

Thimerosal becomes organic mercury

Dr Tim O’Shea: *“Once it is in the nerve tissue, thimerosal is converted irreversibly to its inorganic form. Thimerosal is a much more toxic form of*

mercury than one would get from eating open-sea fish; it has to do with the difficulty of clearing thimerosal from the blood. Without a complete blood-brain barrier, an infant's brain and spinal cord are sitting ducks. Mercury can remain for years, like a time-release capsule, causing degeneration and death of brain cells."

Formaldehyde

This is a preservative commonly found in vaccines, with many possibly side-effects.

If your child is autistic and was vaccinated, these two vaccine ingredients alone cause exactly the type of damage from which your child is suffering.

Autism – the nutritional approach

That autistic children respond well to megavitamin therapy has been known for decades. Nevertheless, many drug treatments given to autistic children and adults revolve around keeping them quiet and out of trouble.

Dr. Catherine Spears, a paediatric neurologist, and Dr Allan Cott of NY found treatment with B6 and zinc to be highly effective. Spears reported that all her autistic patients responded to the treatments, which included a change of dietary regimen. Parents, teachers and professionals all noted differences and improvements in behaviour and speech.

B6, zinc and magnesium

Dr Bernard Rimland took the successes gained by Spears and Cott, and ran his own study. His 16 patients showed marked improvements with B6, magnesium and vit C supplementation. 12 demonstrated regressions when the nutritional elements were replaced with placebos.

Leaky Gut

Often children appear to develop normally to age 3 and then, after repeated ear infections and doses of antibiotics, normal development ceases. Bernard Rimland found that many of these children had developed 'leaky gut' syndrome, where food proteins have entered the bloodstream through a permeable intestinal wall as a result of damage to the intestinal lining. Treatment with antibiotics allowed further damage to the gut wall, creating many allergic reactions, especially to wheat, milk and sugar. About 50% of autistic children in his study showed improvement by removing just one of these from the diet.

Take action

Make dietary changes. Remove sugar, wheat, dairy and all junk food from the diet.

Begin detoxification and supplementation, e.g vit C, B complex, trace mineral complex, probiotics.

Consult a qualified natural therapist for advice on supplementation.

Tip: measure combating autism, especially vaccine-induced autism, must be applied patiently and *consistently* over the long term.

Reference: Day, Phillip, *The ABCs of Disease*, 2003, Credence Publications, www.credence.org