| Smoking, drugs & alcohol 1 Give 5 reasons why cigarettes are a bad idea. | Smoking, drugs & alcohol 2 List 5 illnesses that healthy living can help you avoid. |
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| Smoking, drugs & alcohol 3 Create a poster to help people understand the dangers of smoking. | Smoking, drugs & alcohol 4 What if alcoholic drinks were removed from the world? |
| Smoking, drugs & alcohol 5 How would you help a person who wants to stop smoking or taking drugs, but they are addicted? | Smoking, drugs & alcohol 6 Make some prescriptive dietary recommendations for a person with type 2 diabetes. |