

GOD IS
PURE AND HOLY
Keeping clean
Term 2

God is Pure and Holy

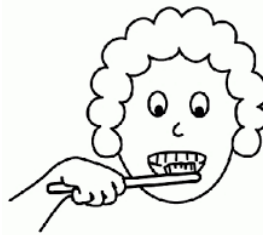
Healthy habits

Copy the sentence and draw a picture:

I wash my hands.



I brush my teeth.



I comb my hair.



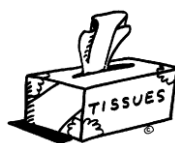
I take a shower.



I blow my nose.

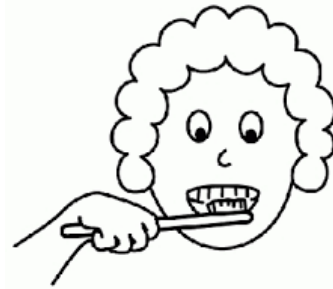


I put the tissue in the bin.



Healthy habits

Copy the drawings of the 5 healthy habits. Two of these are not healthy. Can you find them? Do not copy these two.



Keeping clean

God is Pure and Holy

A small book to make
Draw a picture on each page.

Keeping clean

1

To look after my body I need to keep it clean. Keeping my body clean will help to keep germs away. Germs can make me sick.

2

It is good to wash my hands before I eat so that germs do not get into my mouth.

3

It is good to wash my hands after I go to the toilet. Lots of germs live there.

4

It is good to take a shower often. I use soap to help me get clean.

5

It is good to keep my hair clean. I use shampoo to wash my hair.

6

It is very good to clean my teeth in the morning and at night. Foods with sugar can make my teeth decay. Decay happens when germs eat away at my teeth and make holes.

7

It is good to carry tissues to blow my nose. When I have used the tissue I throw it in the bin. Dirty tissues carry germs.

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