

GOD IS WISE

Safety and Hygiene

Term 3

Year 3

Thinking Skills Wise Yr 3

Hygiene 1

Draw tap.

Now redesign it by doing this:

B – make one part bigger

A – add something extra

R – replace one part with something else

Hygiene 2

Name 5 things that NEVER need to be washed.

Hygiene 3

Think of 3 different things this picture could represent. It must have something to do with keeping clean.



Hygiene 4

Give 10 ways of making things clean in and around your home.

Hygiene 5

Give 3 possible reasons why someone would not be allowed to use soap for bathing or showering.

Hygiene 6

Find 5 different uses for some "bubble bath".

Keeping safe 1

Safety in the home

Be wise and avoid an accident!

God is wise.

This means that He always makes the right decisions.

People need to be wise.

People need to think carefully about the things they do.

When people act wisely, they do the right thing.

We can ask God to help us to do the right thing.

When we don't think carefully, we can do the wrong thing.

Accidents happen when people do not think carefully.

Accidents do not just happen on their own. Accidents can happen when people are careless, tired, angry, hurrying, being silly, afraid, thoughtless, impatient, showing off, boasting, being rude or daring.

Describe an accident that could happen when a person is:

- careless
- being silly
- impatient
- showing off
- angry

Be careful! What could happen if you:

- a) run inside?
- b) run around a corner?
- c) show off on your bike?
- d) show off jumping on your bed?
- e) rush when cooking with hot things?
- f) pull out electrical plugs without switching them off first?

Hot water hurts

What do you have to remember when around hot water? Remember that it doesn't take much hot water to burn you. Steam burns badly.

Make a list of all the places in your home that have hot water.

Keeping safe 2

Safety at home

Here are the things you should never do at home. Write the rules and draw a picture for each:

Rule 1: Never play with matches.
(Fire spreads quickly!)

Rule 2: Only take medicine given to you by your parent or the person looking after you.

Rule 3: Be safe with electrical things.
(Don't use electrical things that have damaged cords. Watch out for wet hands.)

Now write three more rules for:

- Boiling kettles
- Hot ovens
- Sharp knives

What would you do?

1. A box of biscuits is high on a shelf. How will you get them?
2. How do you close doors properly? Think about fingers.
3. What do you need to think about with electrical appliances and water?
4. How can toys be dangerous?

Safety rules

1. Think of and write 5 of the most important safety rules for your home.
2. What would be five safety rules for our classroom?

Keeping safe 3

Safety in the kitchen

What are some of the safety points to remember in the kitchen when using...?

- a) A stove
- b) knives
- c) kettle of hot water
- d) electrical appliances

and when carrying...?

- e) hot things
- f) things made of glass What would you do if some glass was broken?

Sniffer the dog wants to tell us to be careful of hot things.
Draw pictures of the things from this list that are **not** safe:

- Leaving saucepan handles over the edge of the stove
- Using an oven mitt for handling hot things
- Picking up hot food with your hand
- Keeping matches away from small children.
- Taking care around people with hot drinks
- Leaving toys on the kitchen floor
- Running and playing around Mum when she's preparing hot food.
- Cleaning up spills on a slippery floor



Sniffer says, "Be careful around hot things!"

Sniffer says, "Take care in the kitchen!"



Keeping safe 4

Reading directions

The label on a bottle of pills says:

Cough fix
Take 3 a day after meals

Do not take with meals

Keep in a cool place

1. What are these pills for?
2. When should the pills be taken?
3. How many are needed per day?
4. What must you never have with these tablets?
5. Where would be the best place to keep these tablets?

The label on a dress says:

100% nylon
Wash in warm water
Keep away from heaters and fire

1. What is this dress made of?
2. How should you wash this dress?
3. What must you never go near when wearing this dress?

Be a wise in everything you do

God wants us to be wise in all we do. When we act wisely, we can set an example to our friends and family, especially to younger children.

When we act wisely, we lead the way by showing others how to act. This is what the bible says about wise leaders:

Wise leaders will shine with all the brightness of the sky. And those who have taught many people to do what is right will shine like the stars forever. (Daniel 12:3)

1. What does it mean to lead the way in being wise?
2. Who could YOU teach about being wise?
3. What is the reward for those who act wisely?

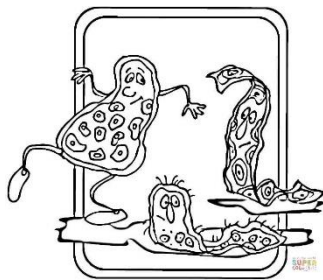
Keeping safe 5

Wash your hands!

Draw a picture of yourself washing your hands.



Germs are tiny creatures that we cannot see.
Write down some of the places that germs like to live.



Why should we keep the kitchen very clean?

Dry your hands!

Draw a picture of yourself drying your hands. Keep paper towel or a very clean hand towel in the kitchen.



Germs do not walk but they swim. Why is it important to wash AND dry your hands before preparing food?

What happens when bad germs enter the inside of your body?

Sniffer says, "Do not dry your hands on the same towel you use for drying dishes."



Hand washing

Draw a picture of your hand.

Write down the answers to these questions:

Why should wash our hands? (*Germs*)

What should we wash our hands with? (*Soap and clean water*)

When should we wash our hands? (*After going to the toilet, before meals and before preparing food*)

How should we wash our hands? (*Rub hands together under running water*)

Who should wash their hands? (*Everyone!*)



Keeping safe 6

Food safety



1. Write down five accidents waiting to happen in this kitchen.
2. Some foods go bad if you leave them out of the refrigerator. Choose the foods that should go in the fridge from this list. Write them down. Think of some others.
 - Meat
 - Dried beans or lentils
 - Milk
3. Why does tinned food not need to be refrigerated? Why does it need to be refrigerated once you open it?
4. What happens when you eat food that is affected by bad germs?

Keeping safe 7

What to do in an emergency

You should know your Mum or Dad's phone number.

If there is an emergency call the emergency services.
Give your address and phone number.

In the case of a fire, go out of the building.

1. Do you know your parents' phone number? (yes or no)
2. If your answer is 'no', what are you going to do?
3. What is the number you would call in an emergency?

Keeping safe 8

Safety with TV, internet and computer games

If you have a computer or the internet, then there are some things to remember to keep safe.

The internet is very good for finding out things, but there are some websites that can damage our minds and emotions. Only go on websites that your parents or teachers tell you to look at.

If you watch TV, make sure that your parents know what you are watching. There are some things on TV that are frightening or upsetting. Only some films are meant for children.

Computer games can also be harmful to our minds and emotions.

Always let an adult know if you come across something that is frightening or upsetting.

Finish this sentence:

I must take care that I only look at the right things onand
.....

Keeping safe 9

Keeping safe when having fun outside

Write and draw a picture for each of these:

Never play near busy roads.

Be careful around water. Don't go in rivers or deep water.

Be careful when riding a bike. Wear a helmet.

Keeping safe 10

Safety with people

- Never go with anyone you don't know.
- If a stranger tells you that your Mum or Dad has sent him to pick you up, go and see a teacher or an adult you trust.
- Don't play in dark lonely places. Play where people can see you.
- If someone treats you in a way that you think is wrong, tell an adult that you trust.

What should you do if a stranger asks you to go with him?

Keeping safe 11

Keeping safe in storms

If there is a storm, keep safe from lightning strikes. Do not stand in an open space.

If there is strong wind, find shelter in a building. Falling branches can be dangerous.

What should you do if there is a strong storm?

Keeping safe 12

Safety around water

1. Make a list of wise rules to follow for safety around water. Think about rivers, swimming pools and the sea.
2. What is the most important thing to remember If you are looking after a little child near water?