

GOD IS WISE

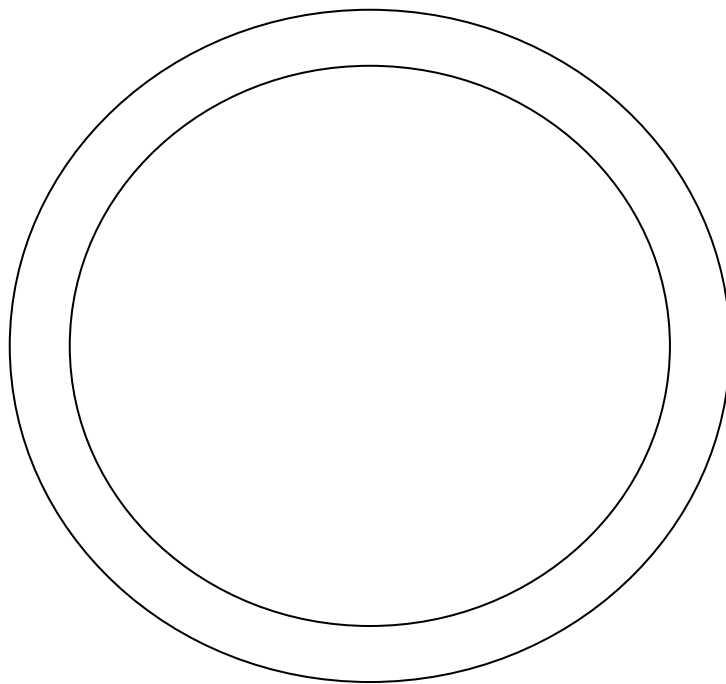
**Healthy food
choices**

Term 3

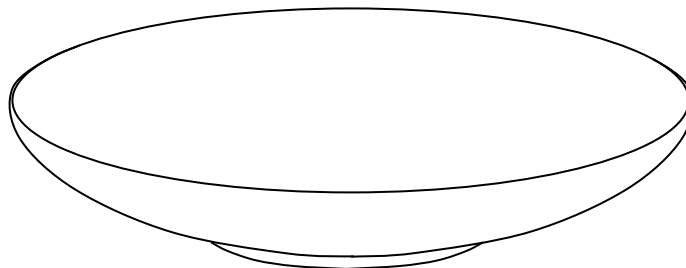
God is Wise

Healthy Food Choices

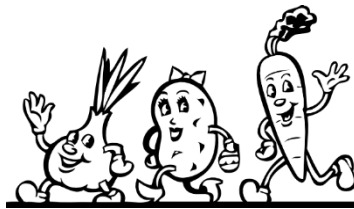
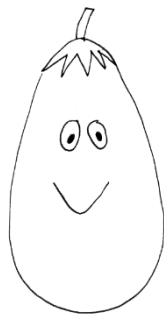
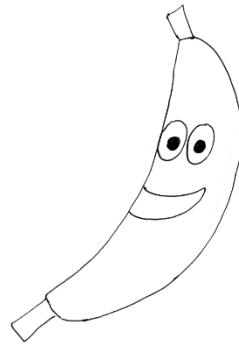
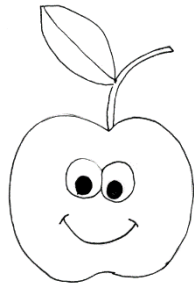
Draw a plate like this one and draw some healthy food on the plate.



Draw a bowl like this one and draw your favourite fruits in the fruit bowl.



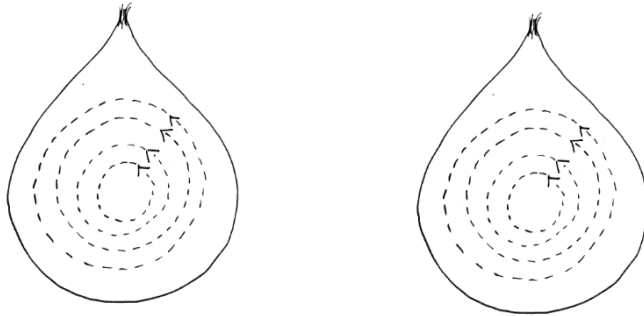
**Draw some fruits and vegetables and make them into characters.
Give them names, e.g. Crunchy Carrot.**



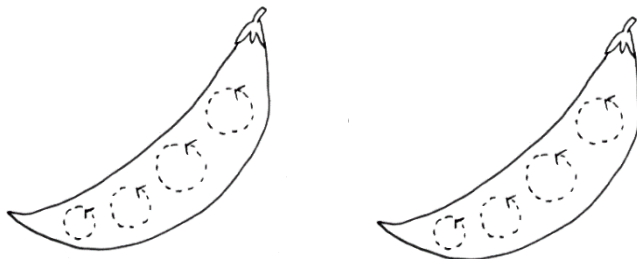
Vegetable writing patterns

Start at the right places when writing the letter O.

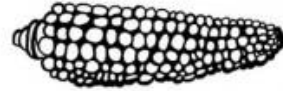
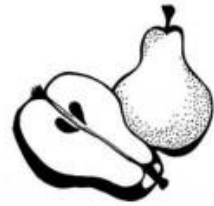
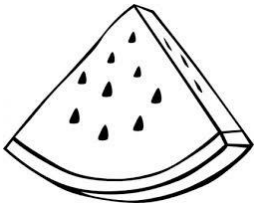
This onion has been cut in half. Copy this into your book and finish drawing the circles. The arrows show you which way to go.



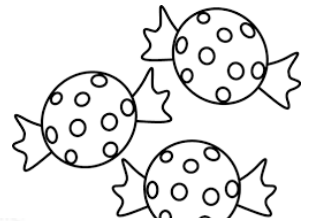
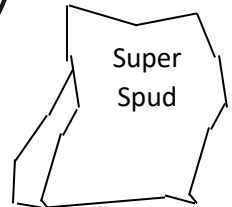
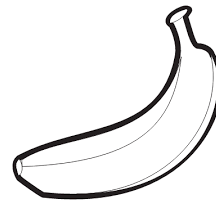
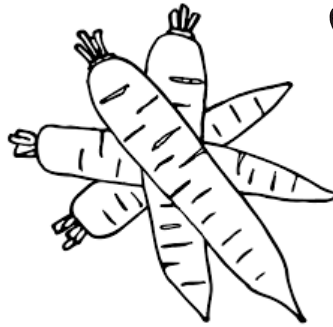
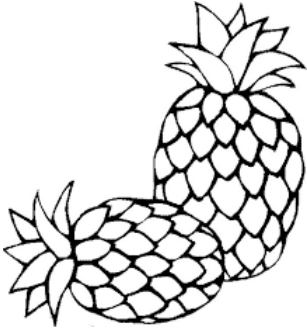
Draw some peas the pods. Make your peas in small circles, following the arrows.



Draw your favourite healthy foods.



Draw only the healthy foods and drinks.



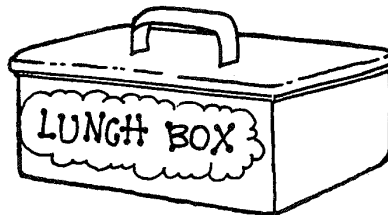
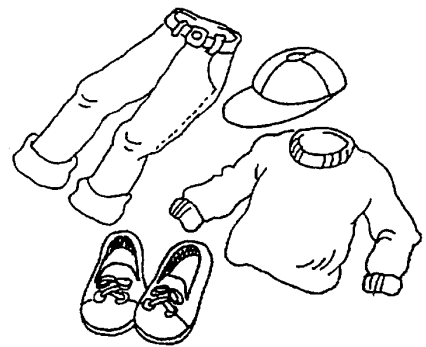
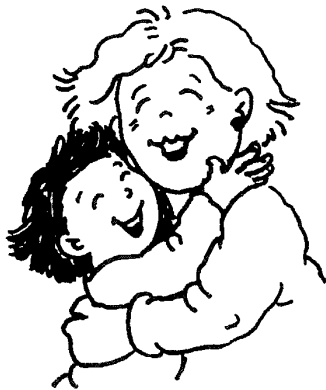
Food sorting: every day or occasional

Make 2 charts – one for every day foods and one for foods you would only eat on special occasions.



Make 2 charts – one for the things we really need and one for the things that we may want, but don't really need.

We have needs and wants...

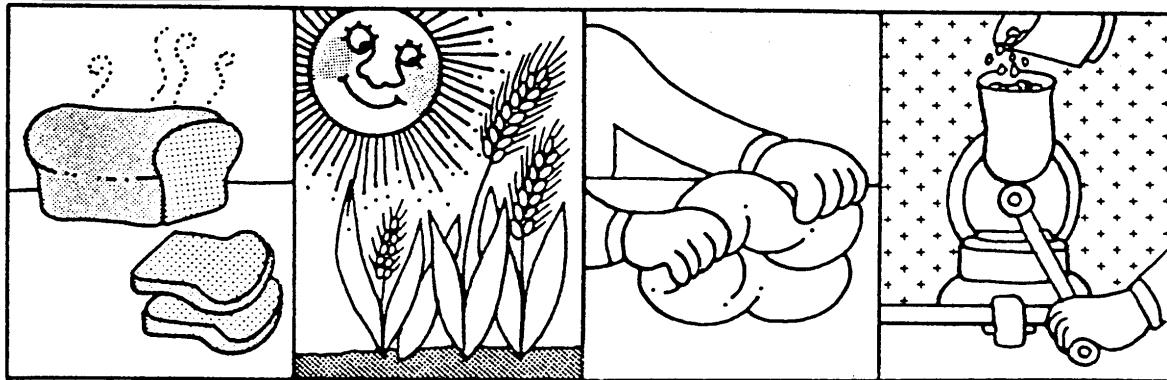


Where does our food come from?

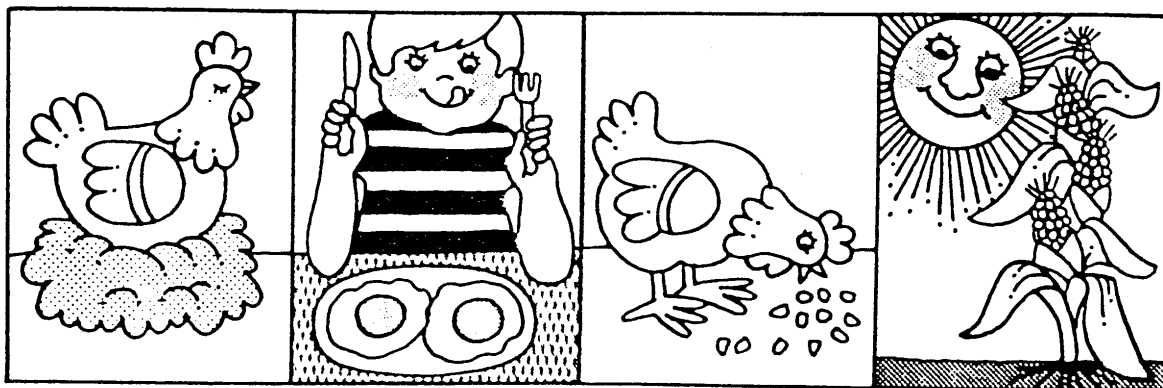
What comes first, second third and last in these pictures?

Talk or write about what is happening in each picture.

Bread



Eggs



Lettuce

