Kodaly Songs and Games

Level 1

Years 1-3

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Kodaly songs and games Weeks 1-5



Children sit on the floor in a circle. Teacher rolls the ball to an individual child. They must sing their name when they catch the ball.



Children stand facing each other in pairs. They hold hands. They move up and down – while one child is standing up, the other is crouching down, then they reverse – the other child stands and the other child crouches down.

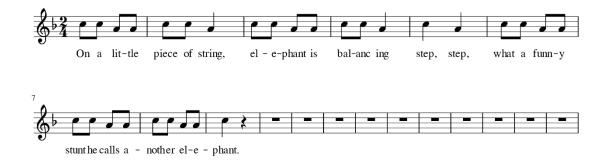
Kodaly songs and games Weeks 1-5

Up high down low



Children stand to sing. They hold their hands in the air for 'up high' and bend down for 'down low'. They stand straight for 'now I'm in the middle' and wait for the teacher to sing "mmm" at the end either 'high' or 'low'. The children then put their hands up high or low accordingly.

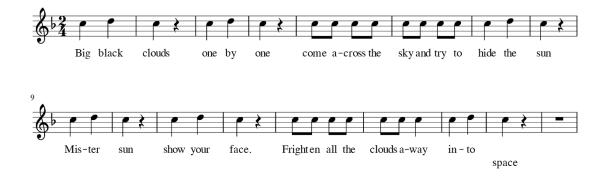
On a little piece of string



Children sit in a large circle. Teacher puts out a straight line of string in the centre of the circle. One child is chosen to be the elephant. They step along the string, one foot after the other. At the end of the song they call another child to come and walk along the string.

Kodaly songs and games Weeks 1-5

Mr Sun



Children cover their face with their hands for "Big black clouds, then uncover their hands for the "Mr. Sun".



Children make a line and hold hands. The leader of the line leads the children into a snail shell formation as they walk in a circle.



Children use their fingers to make rain falling from the sky. On 'come again another day' they can pretend to put up their umbrella.

Kodaly songs and games Weeks 6-9

Lucy Locket



Equipment needed: some rhythm cards, (about 6), and a little cloth bag to represent a pocket. Explain to the children that before pockets were invented on clothes, pockets were little bags with a string or ribbon attached, that people would wear around their neck.

Children sit in a circle. One child is chosen to take the bag and walk around the outside of the circle as the song is being sung. This child drops cards behind children while they are seated. At the end of the song they can turn around and see if they have a card behind them. Those with rhythm cards put the cards on the floor in front of them, and take turns to clap the rhythm on their card.

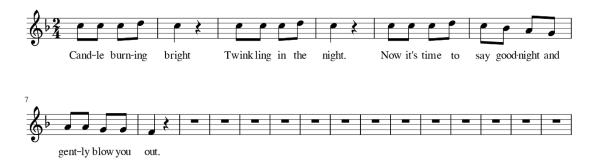
Bounce high, Bounce low



Students form a circle. Teacher bounces a ball in the middle and bounces it to one child when their name is sung at the end. That student goes into the center to bounce the ball for the next verse, and chooses another name to sing at the end.

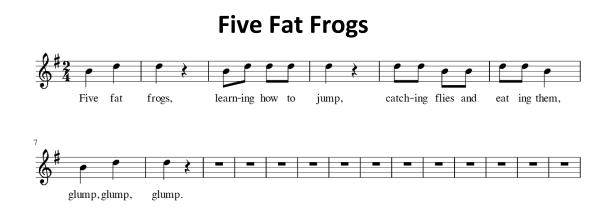
Kodaly songs and games Weeks 6-9

Candle burning bright



Explain to the children that before electric lights were invented people used to use candles for their light.

Children hold first (index finger up for the song. At the end of the song they blow the candle out on the 'zah' and bend finger down.



Children crouch on the floor like frogs. They jump on the 'zah'.

Kodaly songs and games Weeks 10 – 13

Hot Cross Buns



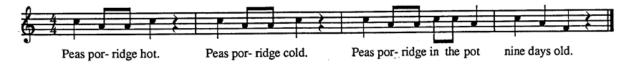
Children reach out to take a bun on the 'zah'.

Rain is falling down



Children us fingers to show rain falling.

Peas Porridge



Verse 2: Some like it hot, some like it cold, some like it in the pot, nine days old.

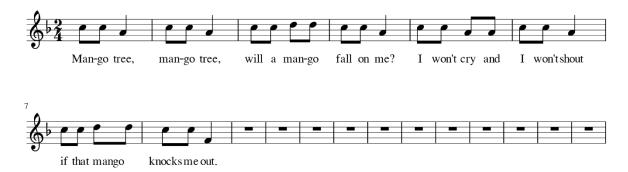
Explain to the children that peas porridge is dahl.

Children stand in pairs, facing one another. They perform the BEAT as follows:

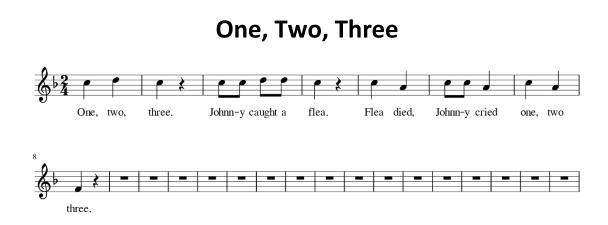
1 2 3 4

knees, clap, pat partner's hands, clap

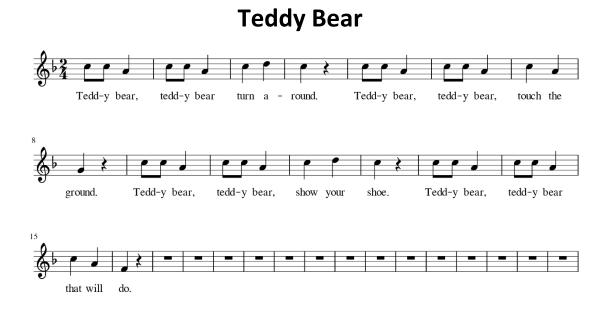
Mango Tree



Children sit in a circle. They pass a ball around the circle on the beat. The child holding the ball on the word 'out' is out of the game.



Children reach out to catch a flea on the 'zah'.



Verse 2:

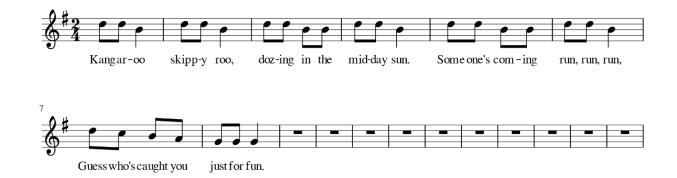
Teddy bear, Teddy Bear climb the stairs

Teddy Bear, Teddy bear, say your prayers

Teddy bear, Teddy bear switch off the light.

Teddy Bear, Teddy Bear say goodnight.

Kangaroo



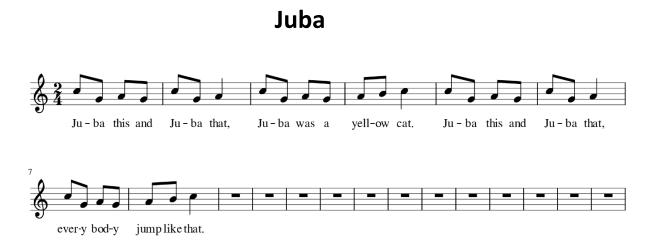
Children sit in a circle. One child is chosen to be the sleeping kangaroo, who sits in the centre of the circle with eyes closed. Another child is chosen to creep up behind the 'kangaroo' and say, "who am I?" at the end of the song.

Kodaly songs and games Weeks 14 - 24

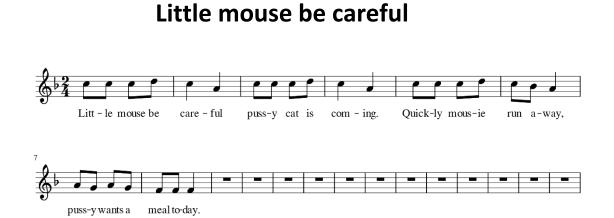
Caterpillar



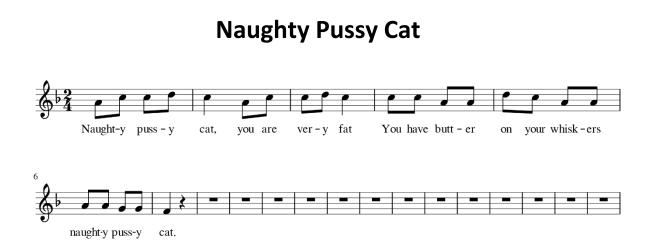
Children can use their index finger to wriggle like a caterpillar, and then with their other hand make a bird's beak to swoop down on the caterpillar. 'Magpie' can be substituted with other 2-syllable bird names such as 'parrot', 'blackbird', 'eagle' etc.



Children stand to sing. On 'jump like that' they give three jumps. Someone chooses the action for the next verse, e.g. 'hop like that', 'clap like that' and so on.



Children use 2 fingers on one hand to creep up their opposite arm. On 'quickly mousie' they quickly move their hand behind their back.



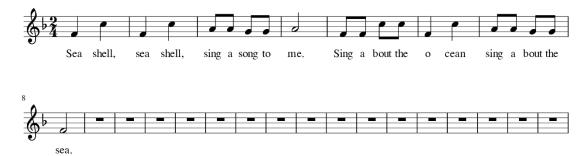
Naughty pussy cat: Children use first (indexx) finger to point at an imaginary cat in time to the beat. *You are very fat:* They show a fat tummy with their arms.

You have butter on your whiskers: stroke 'whiskers' to the beat.

Last line the same as the first.

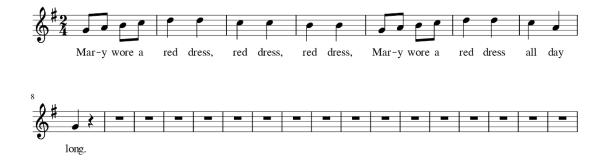
Kodaly songs and games Weeks 14 – 24

Sea Shell



Clap rhythm focusing on the ta-a at the end of each line.

Mary wore her red dress



Children can substitute 'red dress' for other items of clothing of different colours, e.g. blue hat, yellow skirt

Also substitute 'Mary' with names of students in the class.