

Teeth

God is Wise

Spiritual Awareness

Because God is a wise God we can call upon His wisdom in knowing how to live. It is our responsibility to look after ourselves, and to act wisely for our own protection. Taking good care of our teeth is part of caring for our bodies, the temple of the Holy Spirit.

Our response to 'God is Wise'

Because God is Wise I will...

- Ask God for wisdom; ask God what is the right thing to do, and do it.
- Listen to people who are wiser than me.
- Listen to my parents and teachers.
- Obey God's word.
- Do what Jesus would do.
- Ask Jesus to be the guide throughout my life.

Biblical references

Bible stories and passages

Matthew 10:29-30; Luke 12:6-7 We are of more value than many sparrows.
Ephesians 2:10 We are God's masterpiece. (Good reason to look after our bodies including teeth!)

Memory verses:

1 Corinthians 6:19-20 Don't you know that your body is a temple of the Holy Spirit?

Proverbs 16:16 It is better to have wisdom than gold or silver.

Proverbs 3:7-8 Never let yourself think you are wiser than what you are; simply obey the Lord and refuse to do wrong. If you do, it will be like good medicine, healing your wounds and easing your pains (GNB).

Luke 2:52 Jesus grew both in body and in wisdom (GNB).

Key Questions

What is wisdom?

Why should we take care of our bodies?

Why should we take care of our teeth?

Why does God want us to follow rules?

What rules can we make for looking after our teeth?

Outcomes: Students will

- Understand the structure of a tooth
- Understand the different types of teeth and their function
- Understand the difference between first teeth and permanent teeth
- Identify with losing their first teeth and growing new teeth.

- Know how to take care of teeth through brushing and flossing
- Know the importance of regular visits to the dentist
- Know the process of tooth decay
- Know the best foods to eat to avoid tooth decay

Key questions

Do new born babies have teeth?

When do they get teeth?

Have any of the children lost their first teeth?

How many sets of teeth do we get in a lifetime?

What is tooth decay and how does it happen?

How can we help protect our teeth? What will happen if we don't take care of them?

What is the function of each part of the tooth? Which teeth are used for which jobs?

Activities

Ask the children to create a mind map of the things they already know about teeth and healthy eating.

Use the Beacon Media research cards, "Teeth".

Display an image of a large tooth. Ask the children to see if they can find any information on the structure of the tooth

Introduce the word "decay" and relate to the parts of the tooth

Show a diagram of the different types of teeth: i.e. incisors, canines, and molars.

Ask the children to think about biting in to an apple. Which teeth would they use whilst eating it? Ask the children to think about eating a piece of chicken, which teeth do they use to eat it?

Explain about how bacteria likes to feed on the sugars left behind in our mouths and that they leave behind acid which can eat holes in our teeth. Ask the children which foods might be harmful to our teeth. Why? Does it have to just be food? Discuss fizzy drinks.

Conduct a science experiment with a boiled egg and cola drink. (See Beacon Media Science Experiments: "Teeth".)

Make a big "Smile" collage on dark paper. Teeth can be cut out from white paper stuck inside a large picture of a mouth.

Invite a dentist as a guest speaker.

Explore with children their feelings about visiting the dentist.

Beacon Media resources: *Teeth* – See **Science & Social Studies Research Cards**