

# Chinese food

## Traditional Chinese food:

- rice, wheat and millet
- a variety of meat such as pork, chicken, duck, goose, pheasant and dog
- many vegetables yams, soya beans, turnip, spring onions and garlic
- fish
- soup which consisted of shark fins, birds' nests, bear paws and sea slugs

## Chinese food that has become international food of today:

- Dim sims (vegetables in pastry)
- Chinese take-away
- Rice noodles



1. Which Chinese foods have you eaten?
2. Look at the picture of the bowl of rice. What do the Chinese use to eat it?  
Draw and label the bowl of rice.
3. Look at the picture of the cooking pot. This is called a wok. Find out and explain how the Chinese cook their food in a wok.
4. Some foods are steamed in bamboo baskets. Find the drawing that shows this.  
Draw it and label it.
5. Find the drawing that shows eggs and rice noodles. Draw it and label this dish.
6. How is the spoon different to the spoon you use?
7. Tea is a special part of the meal. Draw the tea pot and cup with no handle.